



Intimate Partner Violence & Helpmate

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Objectives

Participants will be able to:

1. Define intimate partner violence (IPV)
2. Understand IPV resources
3. Raise awareness around IPV resources
4. Describe Helpmate's services
5. Understand when Helpmate connects with other organizations
6. Find IPV resources for outside Buncombe County and Western North Carolina



In the year prior to the death of IPV homicide victims...



3% had used
an IPV hotline or shelter

41% had used
health care services



Intimate Partner Violence



A **pattern** of abusive, coercive, and controlling behavior intended to gain **power and control** over an intimate partner or former partner.





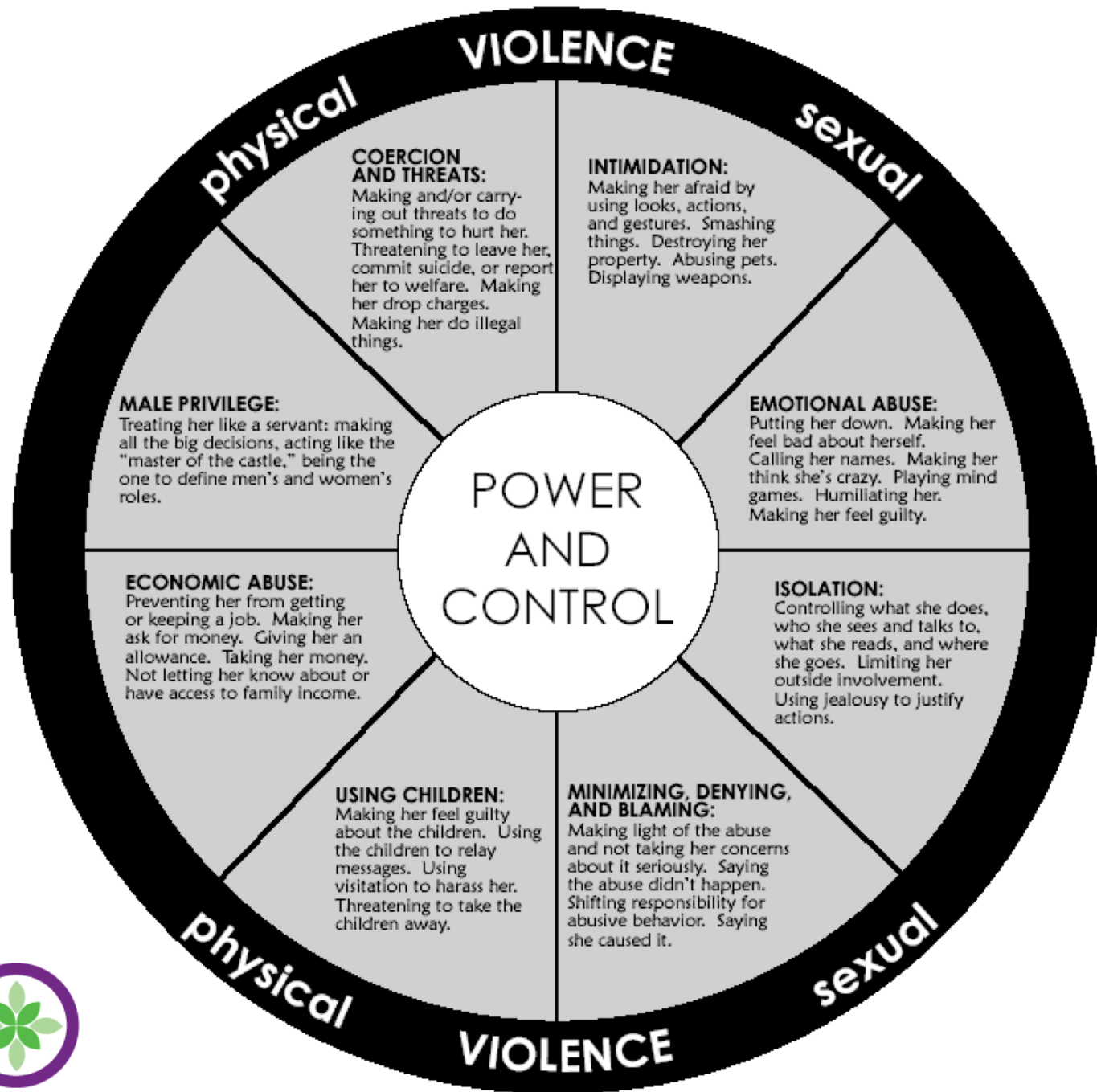
IPV Affects:

All ethnic, religious, age, gender, socioeconomic, and cultural groups

35.6% of women and 28.5% of men: physical abuse, rape and/or stalking by a current or former intimate partner during their lifetimes

Similar and higher prevalence for LGBTQ people

Disproportionately: black, multiracial, and Native peoples; lower SES; women with HIV; women of childbearing age



Power and Control Wheel



Developed by:
Domestic Abuse Intervention Project
202 East Superior Street
Duluth, MN 55802
218.722.4134

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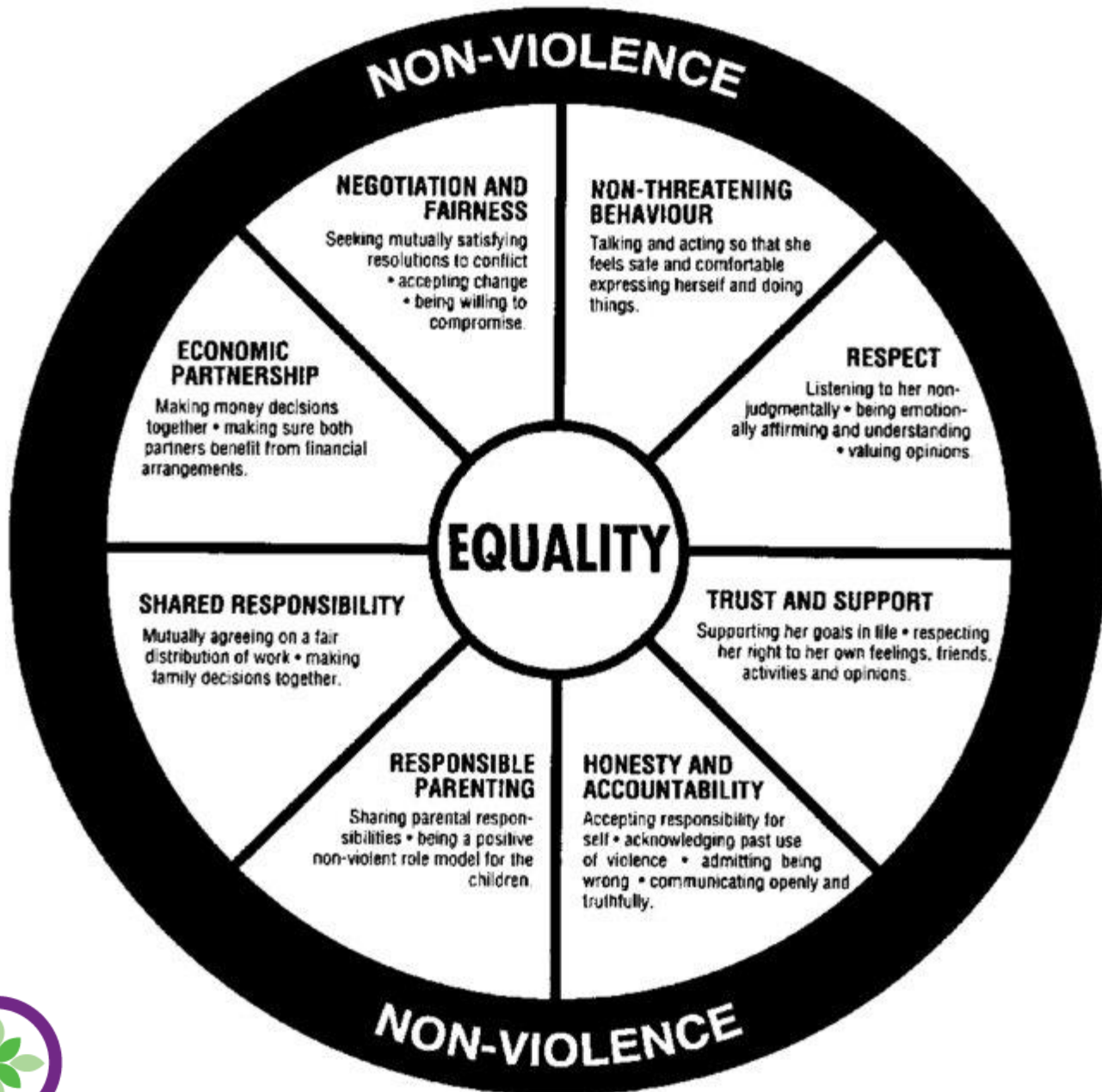


NATIONAL CENTER
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7900 Shoal Creek, Box 130-N • Austin, Texas 78747
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Empowerment Approach

- IPV is disempowering
- Give people choices vs. pressuring people to make the decisions you think are best for them
- Trust that people are the experts about their own situations (and their partners)
- Take a non-judgmental approach to decisions





Equality Wheel



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Helpmate's data (most recent fiscal year):

- 3,345 people served
- 3,634 Hotline calls
- 154 adults and 48 children sheltered
- 937 people supported through court processes
- 244 education events, reaching 7633 people
- 456 Danger Assessments
- 450 children supported through specialized advocacy



Helpmate's free services:

24-hour Hotline **828-254-0516**

Individual Crisis Counseling

Emergency Shelter

Court Advocacy

Case Management

DV Education Classes

Support Groups

Community Education

Professional Training

Child and Family Advocacy





If you refer someone to Helpmate's 24-hour Hotline, advocates can:

- Provide information about options
- Administer Danger Assessment
- Do safety planning (short- and intermediate-term)
- Make a follow-up plan



Connecting with Others

Confidentiality and ROIs

Medical Staff Facilitated Referrals

DHHS

Other Shelters

Veteran Assistance Agencies

Law Enforcement

Social Workers

Schools

Employers



Referral Resources

- **Helpmate Hotline: 828-254-0516**
- National DV Hotline: 1-800-799-7233 | 1-800-787-3224 (TTY) | <http://www.thehotline.org/> (hosts on-line chat)
- For list of DV agencies in NC visit: www.nccadv.org/get-help/programs-list
- North Carolina Coalition Against Domestic Violence (NCCADV): www.nccadv.org
- North Carolina Coalition Against Sexual Assault (NCCASA): www.nccasa.org
- North Carolina Council for Women Domestic Violence Commission: <https://ncadmin.nc.gov/about-doa/divisions/council-for-women>
- National Teen Dating Abuse Helpline: 1-866-331-9474 | 1-866-331-8453 (TTY) | <http://www.loveisrespect.org> (hosts on-line chat)
- National Sexual Assault Hotline (RAINN—Rape, Abuse & Incest National Network): 1-800-656-4673 | <https://www.rainn.org/index.php> (hosts on-line chat)





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